



# #PlankForSurvivors

## Action Ideas



- Spend quality time with your kids & monitor their digital consumption.
- Ask for exploitation prevention education at your school or youth sports teams.
- Get trained on human trafficking awareness & interdiction.
- Create employment opps for survivors and overcomers.
- Learn - Watch a documentary -  
ContraLand by Veterans for Child Rescue.
- Share - A book by a survivor (StoriesFoundation.org).
- Report suspicious activity to your local Homeland Security.
- Encourage others by having conversations.
- Support a vetted nonprofit (check my resource page).
- Volunteer/mentor at a nonprofit or a school.
- Coach a youth sports team.
- Consider adoption, fostering, or foster respite care.
- Engage your bank or financial institution to detect fraudulent/exploitation purchases (TheKnoble.com).